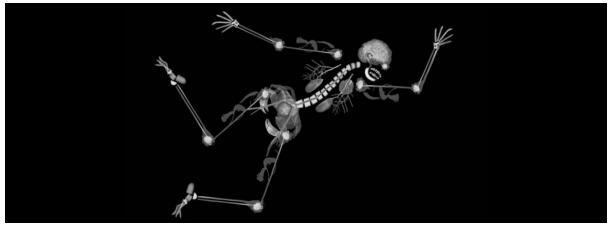
## Ultrasound training at the



## East of England Imaging Academy / Norfolk & Norwich University Hospital

'Imaging Man' reproduced courtesy of East of England Imaging Academy

I remember from my first few experiences of ultrasound at the NNUH that I often felt like a contortionist, moving my head and neck around from side to side, trying to make sense of the grey, grainy images I was staring at. Along the way there have been probes held the wrong way up, images the wrong up and far too much ultrasound gel used (as if it could somehow transform my images into pristine anatomical diagrams). And then there are breath holds.... I have often asked a patient to take a deep breath in, only to be told "I already am" - having forgotten of course to tell them that they could breathe again after their previous effort.

Despite the woes, the Registrars, Consultant Radiologists and Sonographers are always on hand to help and the training here is excellent. Everyone has something to add to the training and this means that you receive a comprehensive and thorough learning experience delivered at a very high standard. Even when you become independent with ultrasound there are always numerous questions after a list - at the NNUH we have a great team that are approachable and knowledgeable, and always willing to help you find the answers.

Guy Cutler, ST3, Radiology, NNUH