General Medical Case no.8 May 2023

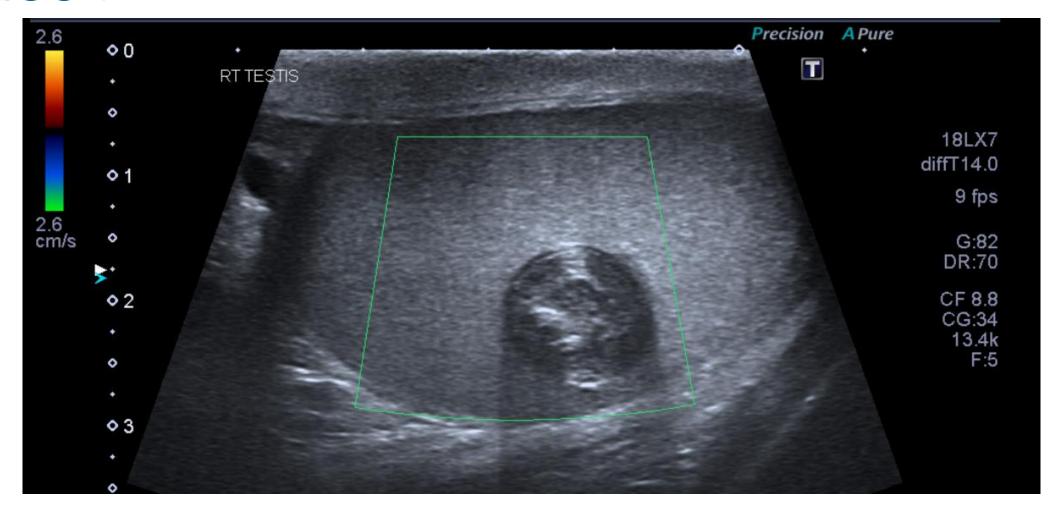
Clinical details: GP request

41 yr old male. New right testicular lump. Painless and thought to be epididymal cyst however increasing in size and patient concerned.

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US Report:

Within the right testicle there is an avascular, well-circumscribed lesion, with a lamellated "onion layer" appearance measuring approx 18mm. Appearances are in keeping with an intratesticular epidermoid cyst.

No significant pathology of the right epididymis, left epididymis and left testicle.

Conclusion:

Appearances typical for right epidermoid cyst. Referral to urology is advised.

Epidermoid Cyst Fact File

- Rare benign tumours
- Make up only ~1% of testicular tumours
- May occur at any age but peak in 2nd to 4th decades
- Alpha fetoprotein and beta hCG will be normal where isolated
- Treatment remains controversial: some advocate local excision while others manage conservatively
- Differential diagnosis could be testicular teratoma but this will have abnormal tumour markers