# BMUS»

Interdisciplinary
Learning in
Gynaecology

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#### Content

- NHS Scotland Academy and the National Ultrasound Training Programme
- Challenges in clinical training
- Diversification of learners
- Differences in approach to learning
- Lessons learned and benefits
- Immersive masterclasses

National
Perioperative Training
Programmes

Foundations of Perioperative Practice

**Anaesthetic Practitioners** 

Surgical First
Assistants

Assistant
Practitioners
(Perioperative
Practice)

Decontamination
Science Workforce
Training

National Endoscopy
Training Programmes
(NETP)

Train the Trainer (Upper GI & Colonoscopy)

**NETP National Faculty** 

Upskilling (Upper GI & Colonoscopy)

**Immersion Training** 

Foundations of Endoscopy Practice (RNs)

& Assistant Practitioners (Endoscopy)

Endoscopy Non-Technical Skills

National Ultrasound Training Programme (NUTP)

**Sonographers** 

**Specialist Registrars** 

Nurses

**Podiatrists** 

**Physiotherapists** 

**Immersion** 

**Upskilling** 

**Masterclasses** 

National Workforce Programme

eNMC OSCE Preparation:
Adult Nursing; Midwifery;
Mental Health Nursing;

**Cultural Humility** 

Preparing for Work in Health and Social Care in Scotland

High-Volume Cataract
Surgery

**Developing Clinical Skills for Pharmacists** 

**Biomedical Science** 

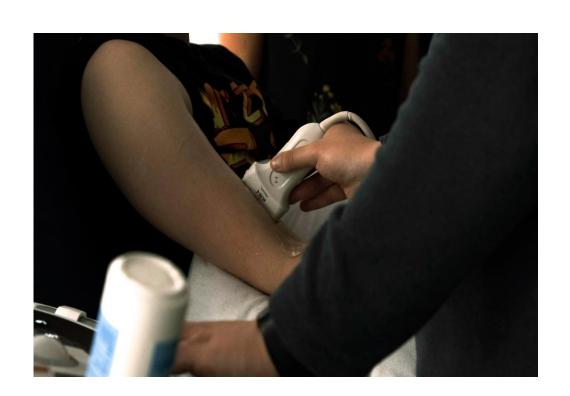
# Challenges in Clinical Education

Resources

Workload

"Training burden"

Burnout



# Challenges in Clinical Education

Variation in follow-up (reporting)

Staff frustration

Governance

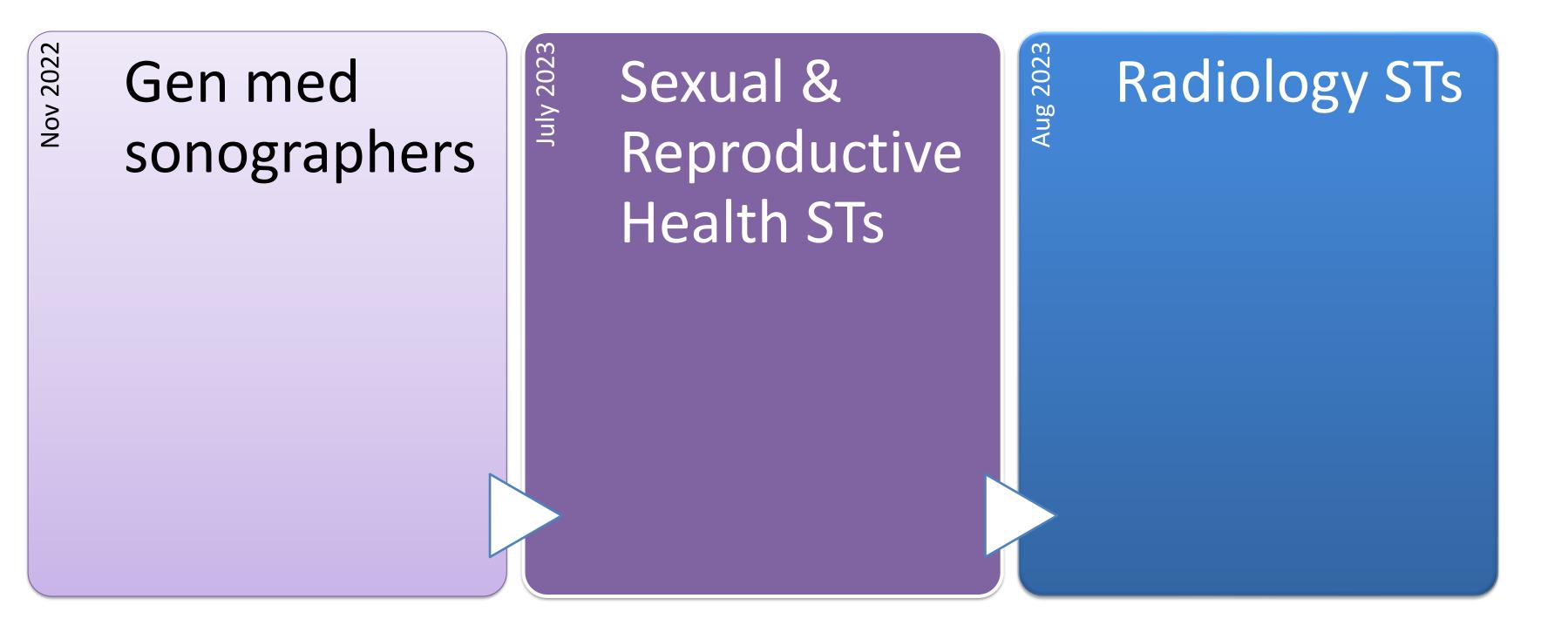
## Inception of National US Training Programme

 To assist in training 12 general medical sonographers from across Scotland

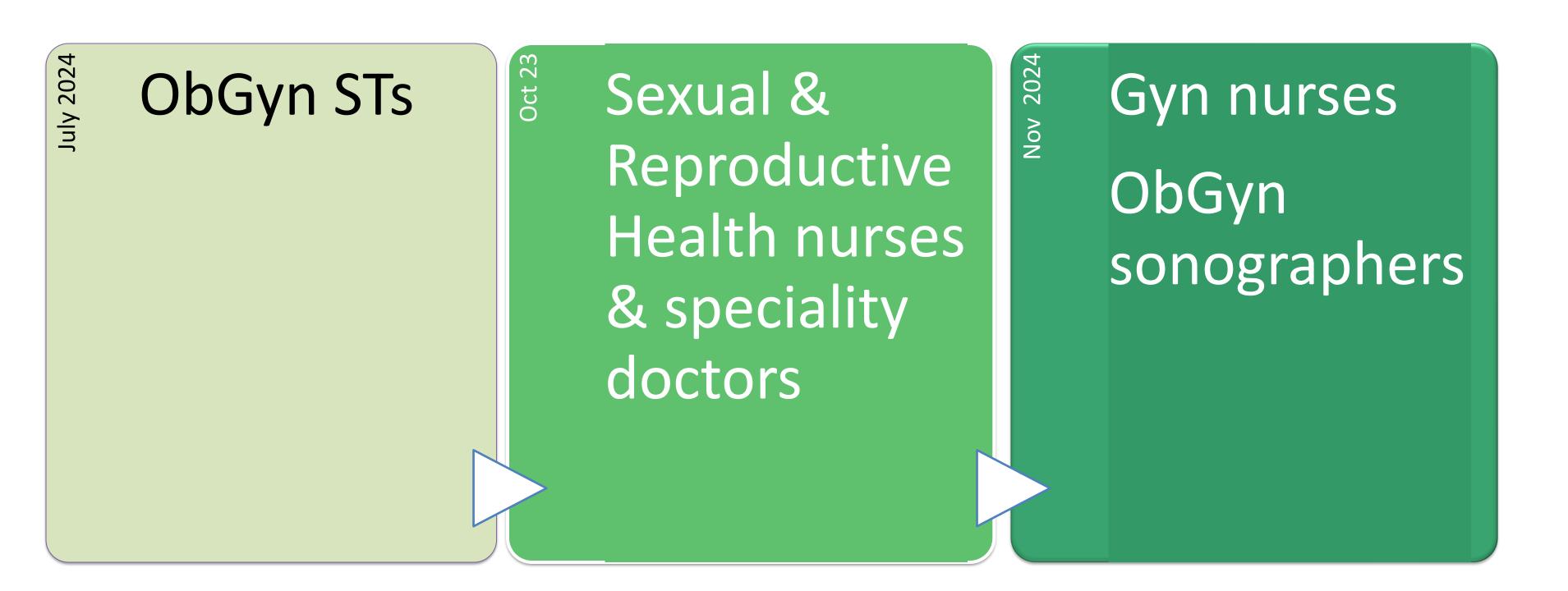
In partnership with a named mentor at home board

 Each offered five, separate, one-week blocks training on patients at Scotland's national waiting times centre, Golden Jubilee National Hospital

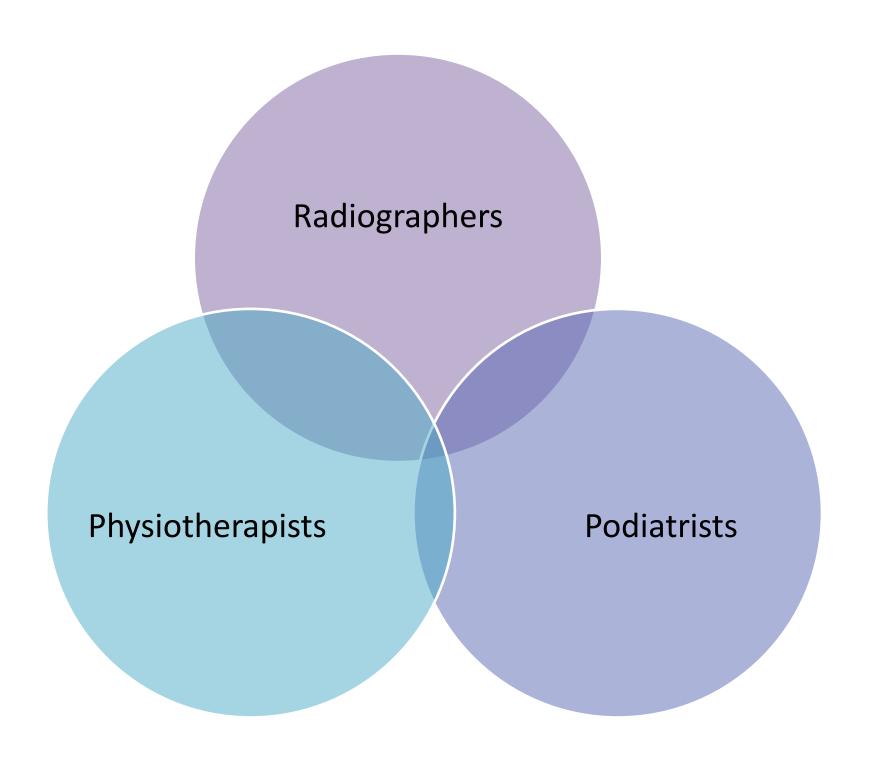
#### Diversification of Learners



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## New AHP Learners





# Differences in approach to learning Gen Med Sonographers

Quickly adept at scanning (more exposure)

• Poor knowledge of aetiology, clinical presentation, clinical significance, management and treatment

Lack confidence in reporting

# Non - Radiology Medics

SRH- lots of exposure to scanning for IUD position, less of common pathologies

 Gyn - highly variable exposure to US – often dependent on training site and on-call

# Non - Radiology Medics

Adept at scanning TV but lacked experience in TA

Little training in "knobology"

Exemplary clinical knowledge

# Radiologists

Differing interest (Gyn)

Limited exposure to scanning

Clinical knowledge

Alternative imaging

# Obs & Gyn sonographers

Quickly adept at scanning

Limited clinical knowledge

Obstetrics a priority

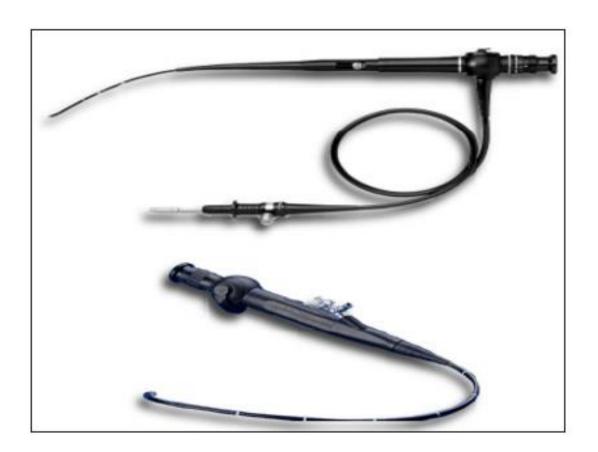
Lack of managerial support for regular gyn lists

## Gyn Nurses

Variable exposure to scanning

Poor knobology

Also learning hysteroscopy



## Training Programme Director and Specialist Trainee Feedback

We are very grateful for the training offered to our registrar group by the Academy team. The feedback was universally glowing and the clear rapid improvement in learners' skills was tantamount to the excellent teaching they received.

Genuinely one of the best training opportunities I have been given as an O&G trainee. Thank you!

## Case study

Experienced SRH clinical academic attended NUTP for training in scanning

 Learned TA technique, image optimisation and had more exposure to pathology

#### We learned:

- Nomenclature confusion: WHO (2021) advocate use of the acronym IUD for all devices (non-hormonal or hormonal with specific forms).
- 2. The distance of an IUD from the top of the uterus is irrelevant.

#### **IUD** Position

- Correct position is within 2 cm from the top of the endometrium
- State position of IUD in relation to top of endometrium and the measurement and reference FSRH advice

If > 2cm from top of endometrium, device should be removed

https://fsrh.org/Public/Documents/ceu-guidance-intrauterine-contraception.aspx

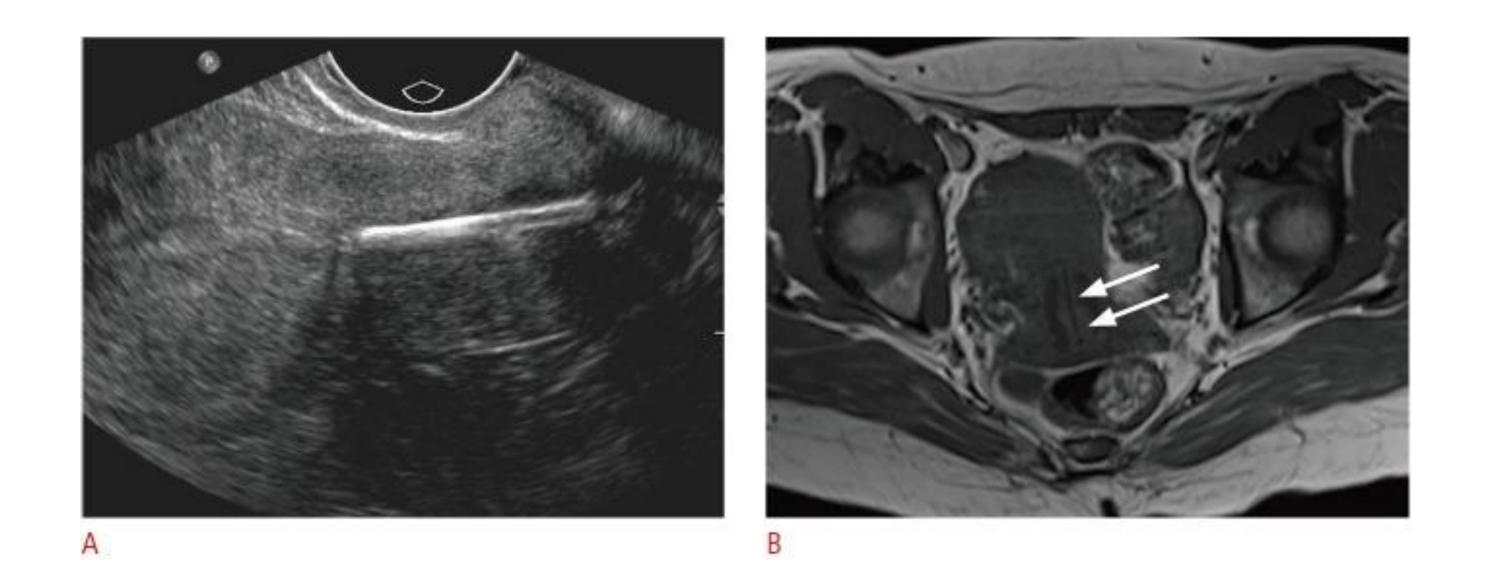
## FSRH Guideline Development Group

The following findings would usually be an indication to suggest that the IUD is to be removed and replaced:

- 1. IUD > 2 cm from the endometrium at fundus
- 2. IUD within the cervical canal (fully or partially)
- IUD user experiencing symptoms that may be related to malpositioned IUD (e.g. pain or bleeding).

Consider the need for emergency contraception and follow-up pregnancy testing when an IUD is found to be malpositioned

## Malpositioned IUD



#### Benefits

Access to networks

- Opportunity for collaboration
- Standardisation and parity
- National Gyn Reference Group
- Realistic Medicine



#### Lessons Learned

 Sonographers need enhanced training on aetiology, clinical presentation, significance of findings and management

Actionable reporting requires training and infrastructure

• Medics need a focus on systematic scanning, knobology and producing diagnostic images

O & G sonographers and nurses need more exposure to scanning

#### Lessons Learned

All learners lack confidence to start

 Training delivered needs adapted from learner to learner

We can learn from each other



## Outcomes

- Improved scanning technique for medics
- Improved clinical knowledge for sonographers
- Joined up thinking = improved patient pathways and experience



Parity

#### Outcomes

• Learner presented at masterclasses

Learner feedback influences prospective masterclass content

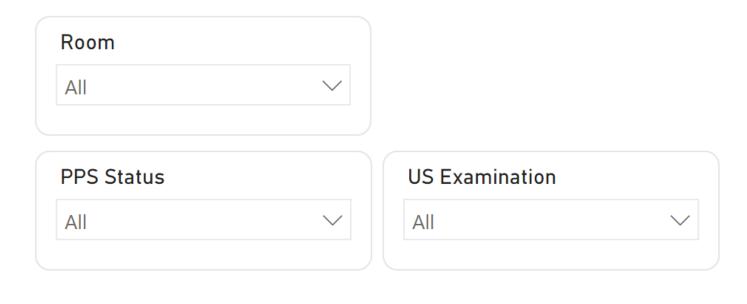
Opportunity for research collaboration

Reduced national waits

#### Examinations



This report page provides detail of the specific US Examinations performed. Use the drop down filters below to select specific examinations.



US Examinations

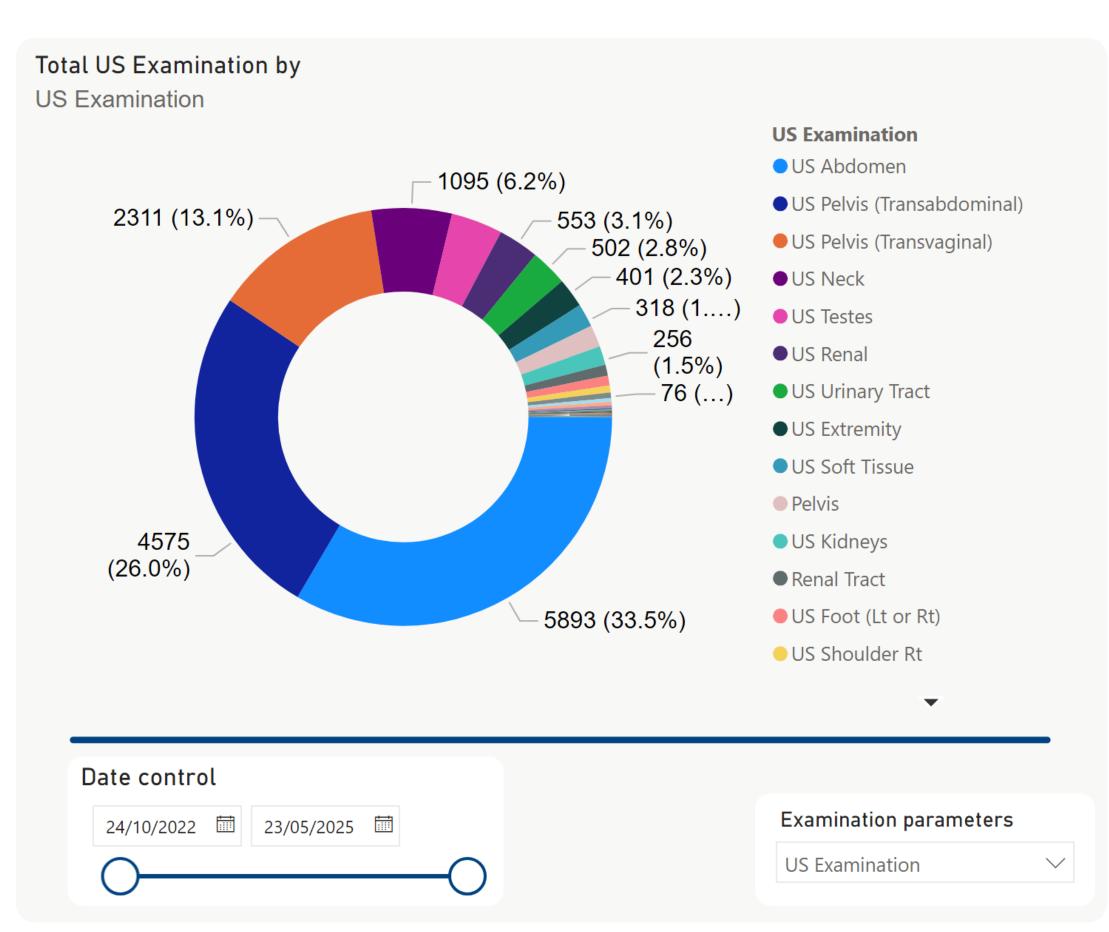
17616

14487

Exam. time (hr): 6,138.7
Exam. DNA: 785 4.27%
Exam. DNA (hr): 269.2

Patients

DNA Patients: 651
4.30%



## Immersive masterclasses

- One day, in-person events
- Multiple subspecialities
- Multidisciplinary speakers
- Interesting case studies
- Practical scanning session
- Q & A session with a Gyn consultant



## Summary

There are similarities and differences with all learners

All doubt themselves and have differing strengths and weaknesses

Learn together – help each other provide a better service

WE MAY HAVE ALL COME ON DIFFERENT SHIPS, BUT WE'RE IN THE SAME BOAT NOW.

MARTIN LUTHER KING, JR.

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## Advice



Get to know your wider team



Discuss ways in which you can help each other with training



Sonographers ask for feedback on cases; MDT meetings



Seize every opportunity to collaborate – consider organising a local masterclass

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# Disclaimer

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