

### **Obstetric Case 6**

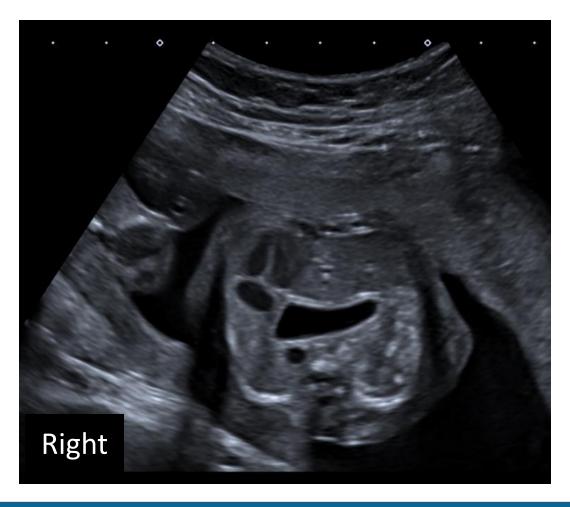
November 2022

Clinical details:

33 year old female. Anomaly scan.

THE BRITISH MEDICAL ULTRASOUND SOCIETY

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Try to answer the following questions:

- 1. Describe this abnormality
- 2. What is the diagnosis?
- 3. What differential diagnosis should be considered?
- 4. Are there associations with chromosomal abnormalities?
- 5. What is the prognosis?



Do not progress to next slide until you have attempted to answer the previous questions.

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#### Question 1

The heart is shifted to the right side of the chest by the fetal stomach and bowel.

#### Question 2

Left sided diaphragmatic hernia

#### Question 3

C-CAM

Pulmonary sequestration

#### Question 4

Yes – aneuploidy is present in around 50% of cases

#### Question 5

Due to pulmonary hypoplasia prognosis is poor. For large hernias, mortality may be as high as 80%. The earlier the gestation the hernia is diagnosed the worse the prognosis.

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## Diaphragmatic hernia Fact File

- Results from failure of fusion of the pleuroperitoneal canals around 8 weeks gestation. They may contain the stomach, intestines, liver, or spleen
- More common on the left (around 75-90%)
- There is often associated polyhydramnios
- Signs suggesting a poor prognosis include: Large hernia size, early gestational age at diagnosis, intra-thoracic liver, small contralateral lung, pulmonary hypertension, early ventricular dysfunction especially biventricular dysfunction, presence of associated abnormalities, bilateral CDH, unfavourable lung:head ratio
- Risk factors for development include: High maternal BMI, increasing maternal age, pre-gestational diabetes, maternal pre-gestational hypertension, pre-conceptional diet, especially riboflavin supplementation.